



Patient Account # _____

Preparing for Surgery

To prepare for your surgery or procedure, we ask you to avoid certain medicines, including aspirin and aspirin-like products, non-steroidal anti-inflammatory agents, and other medicines or supplements. Your surgeon will advise when/if you should discontinue any medication prior to surgery based on your specific case although generally you should avoid these drugs for 7-14 prior to your scheduled surgery.

This handout lists medicines and supplements (by generic and trade names) that you should avoid to prevent bleeding problems.

You may take acetaminophen (Tylenol) as needed for minor aches and pains.

Please make sure to review with your doctor all medicines and supplements that you are taking.

*****The lists in this handout are not complete.** Other products or supplements may also cause bleeding problems.

Important note for patients who have had cardiac stents or other heart surgery or cardiac conditions:

It is important that you talk with your cardiologist (heart doctor) **before you stop taking any aspirin product or clopidogrel (Plavix).**

The medications listed below (and potentially many others) may have an effect on your blood's ability to coagulate. Please review all your medications-both over the counter and prescription drugs-with your surgeon. In many cases, your medication will have no effect on your surgery, and you be counseled to continue with your medication as usual, but your surgeon must be aware of what you are taking and all prescriptions should be documented in your medical record. In no case should you medicate yourself with any drugs (even if they are not listed here) without the knowledge of your primary care physician and your surgeon.

Common Medications

- Aspirin (Anacin, Ascriptin, Bayer, Bufferin, Ecotrin, Excedrin)
- Choline and magnesium salicylates (CMT, Tricosal, Trilisate)
- Choline salicylate (Arthropan)
- Celecoxib (Celebrex)
- Diclofenac potassium (Cataflam)
- Diclofenac sodium (Voltaren, Voltaren XR)
- Diclofenac sodium with misoprostol (Arthrotec)
- Diflunisal (Dolobid)
- Etodolac (Lodine, Lodine XL)
- Fenoprofen calcium (Nalfon)
- Flurbiprofen (Ansaid)
- Ibuprofen (Advil, Motrin, Motrin IB, Nuprin)
- Indomethacin (Indocin, Indocin SR)
- Ketoprofen (Actron, Orudis, Orudis KT, Oruvail)
- Magnesium salicylate (Arthritab, Bayer Select, Doan's Pills, Magan, Mobidin, Mobogesic)
- Meclofenamate sodium (Meclomen)
- Mefenamic acid (Ponstel)
- Meloxicam (Mobic)
- Nabumetone (Relafen)
- Naproxen (Naprosyn, Naprelan)
- Naproxen sodium (Aleve, Anaprox)
- Oxaprozin (Daypro)
- Piroxicam (Feldene)
- Rofecoxib (Vioxx)
- Salsalate (Amigesic, Anaflex 750, Disalcid, Marthritic, Mono-Gesic, Salflex, Salsitab)
- Sodium salicylate (various generics)
- Sulindac (Clinoril)
- Tolmetin sodium (Tolectin)
- Valdecoxib (Bextra)

Herbal Supplements

- Echinacea
- Ephedra
- Feverfew
- Fish Oil
- Garlic
- Ginkgo Biloba
- Ginger
- Green Tea
- Kava Kava
- St. John's Wort
- Valerian
- Vitamin E
- Vitamin C (large doses)

Birth Control

- Birth control pills
- Estrogen replacement
- Estrogen creams or patches

Blood Thinners

- Coumadin
- Warfarin sodium
- Ximlagatran
- Clopidogrel
- Plavix

Weight Loss

- Phentermine (Adipex)
- Contrave

Patient Signature: _____ Date: _____

Witness Signature: _____